

Bread & Roses brings hope and healing through live music. As this article from the Wall Street Journal suggests - music therapy holds a key for unlocking healing potential in Alzheimer's patients. We can attest to the healing quality of music for all of our audiences that listen to a Bread & Roses show. [Click here to read the full article](#) .

Here is a snippet of the Wall Street Journal article:

"Caregivers have observed for decades that Alzheimer's patients can still remember and sing songs long after they've stopped recognizing names and faces. Many hospitals and nursing homes use music as recreation, since it brings patients pleasure. But beyond the entertainment value, there's growing evidence that listening to music can also help stimulate seemingly lost memories and even help restore some cognitive function."

"What I believe is happening is that by engaging very basic mechanisms of emotions and listening, music is stimulating dormant areas of the brain that haven't been accessible due to degenerative disease,' says Concetta Tomaino, executive director of the Institute for Music and Neurologic Function, a nonprofit organization founded at Beth Abraham in 1995."

"Dr. Tomaino, who has studied the therapeutic effects of music for more than 30 years, is spearheading a new program to provide iPods loaded with customized playlists to help spread the benefits of music therapy to Alzheimer's patients even at home. "If someone loved opera or classical or jazz or religious music, or if they sang and danced when the family got together, we can recreate that music and help them relive those experiences," she says."



Photo by Peter Merts